

UNLOCKING Financial Well-Being

Change your money story and find financial peace of mind

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Money Command Center System: Your Financial HQ

Why You Need This:

Think of this as an air traffic control center for your wallet—keeping tabs on what you earn, spend, invest, save, and owe. A one-stop-shop to get the full 411 on your finances and make those critical money moves.

What You'll Need:

- A computer or smartphone to keep the show running
- A calendar for key financial dates
- YNAB for the nitty-gritty budgeting
- Traci's Lifemap for your vision and goals

Pro Tip: Not sure what budget tool is your jam? Take a peek at my deep-dive into budgeting apps [HERE](#).

Weekly Money Routine:

1. **Open Lifemap:** A path to your money goals and dreams.
2. **Open Core Money Values:** Your financial beliefs and guiding principles.
3. **Open Your Budgeting Application:** The workhorse of your budgeting.
4. **Review Bank Transactions:** Approve and categorize new ins and outs.
5. **Scan Credit Cards:** Ditto as above, but for plastic money.
6. **Budget Check:** Any category bleeding red? Need to tweak your budget with new category targets?
7. **Balance the Books:** Cover overspending and allocate funds.

End-of-Month Finale:

Heads up: Timing matters in some budgeting apps. If you're running this check at the start of the month, dial back the calendar to wrap up last month's affairs first.

1. **Open Lifemap:** Revisit your grand plan.
2. **Open Core Money Values:** A little refresher never hurts.
3. **Open Budgeting Application:** Your virtual accountant.
4. **Audit Bank Transactions:** Approve and categorize new activities.
5. **Examine Credit Cards:** Look out for surprises or forgotten subscriptions.
6. **Reconcile Accounts:** Match bank and credit card statements.
7. **Lifemap Check-in:**
 - Overspent? Need new targets?
 - How are your savings stacking up?
 - Got any fresh goals?
8. **Re-budget:** Establish new categories if needed.
9. **Extra Cash: Got some change to spare?**
 - Sock it away in a debt reduction or savings goal.
 - Roll it into next month's budget.